

## The Healthy Food Association

I am pleased to announce the formation of the Healthy Food Association. What is it and what does it do?

It is an Association of people with the common view that growing and eating your own food in soil which is both nutrient and biologically rich can improve health. Commonly this may involve the use of the wickingbed™ system.

It is non-commercial and non-profit making but aims to provide information and education on growing healthy food, particularly using the wicking bed system - a means where people can exchange experiences using the web and internet mailing.

The web site (which is currently being set up) [www.healthyfoodassociation.com](http://www.healthyfoodassociation.com) is a resource where articles and information can be exchanged. Its email address is [coordinator@healthyfoodassociation.com](mailto:coordinator@healthyfoodassociation.com) you can submit articles, comments and ask questions at this address.

Articles and replies to questions will be published as and when available, there is no fixed publication schedule.

The current co-ordinator is Colin Austin ([colinaustin@bigpond.com](mailto:colinaustin@bigpond.com)). At this moment the running of the Association and the maintenance and cost of the website are carried by Colin on a purely voluntary basis e.g. there is no payment or reward.

Articles and questions will be reviewed for inclusion in the newsletter and the web site together with replies from the co-ordinator or other people.

It is assumed that anyone writing to this email address has given permission for the message or article to be published on the web or newsletter. Copies of emails may also be sent to appropriate coaches. Email addresses will not be shared or copied to any other organisation.

The mailing list has been generated from emails that people have sent in the past to Colin Austin. Anyone not wishing to receive the newsletter can simply send an email to [colin@healthyfoodassociation.com](mailto:colin@healthyfoodassociation.com) and the email address will be removed.

Any person wishing to participate in the activities can send an email to [colin@healthyfoodassociation.com](mailto:colin@healthyfoodassociation.com) when their name will be placed on the mailing list.

There is a second mailing list of people who have agreed that they are willing to act as coaches. The role of a coach is to provide assistance to people setting up or running a wicking bed.

Coaches are independent of the Healthy Food Association, there is no financial arrangement between the Association, coaches, principals or members. Coaches, principals or members may make charges for their services and products but this is totally between the people involved as customer and supplier and is not connected in any way with the Association.

Coaches and principals may use the communication system of the Association to notify members of Association of the services they offer but this in no way implies any contract between the Association and the customer

Currently the Association has four principals, Colin Austin, David Li, Maireid Sullivan and William Mansell. These can be contacted at the email [colin@healthyfoodassociation.com](mailto:colin@healthyfoodassociation.com)

If a member asks a question this may be circulated to appropriate coaches to try and answer their question.

All advice given by the Coordinator, Principals, coaches or member of the Association is given in good faith based on their knowledge at that time but they take no responsibility for this advice given in good faith.

The Association is not a legal entity; it is not a trading organisation and has no bank account or financial status, it is simply a grouping of people with a common aim of sharing information.