

## Quick update

18 Sep 2018

I am off for a quick trip to China - hopefully to see progress in the Gbiota centre there - but China is always full of surprises - so I thought I should give you a quick update.

The most exciting was my meeting this morning with an endocrinologist. I really wanted to get closer links to the medical profession and get professional expertise on the gut biology. It was a great meeting - she is thinking about setting up a holistic health centre and is really into the importance of diet on health. I left her with a big pile of reading which she says she will study ready for our next meeting in about six weeks' time.

I am attaching three documents. The first is technical giving my experiences with the new pump. ([Gbiota update](#)). It is obvious that organic debris in the water is going to be an issue and although it may lack polish I think it gets the ideas over in the short time before I head for Shenzhen (it still exists after the cyclone).

The next two are drafts - thought bubbles really - so we can discuss how to use the technology to reverse chronic diseases and improve health generally.

The second is a shortened version which hopefully get the key points over in a more condensed version than before. ([Honest food](#)).

The third aims to give a one pager giving the key points on how I see the club working. ([Gbiota Manifesto](#)).

Colin